

Our communities are like volcanoes about to erupt, threatening to burst apart unless we take responsibility and start listening to and communicating with our kids instead of talking *at* them and telling them how they should be acting. I am sure the riots in Sydney have not gone unnoticed by most Australians and I am also confident that many watching these outbursts on television are asking why? Why are our kids acting like this? The answer? Frustration ... mixed with relief. The kids involved have taken the first excuse as the final straw and have run with it. They have aimed their frustration at the most prominent representation of authority (the police) and have vented their anger and resentment on them with force and passion. The kids involved have probably long ago lost sight of the trigger, the single incident that ignited this wildfire of emotion: the accident that killed their friends, and are now reacting purely on adrenalin and the misguided sense of power afforded them by the realization that they are finally being heard. What parents need to be made aware of is that many of today's children, although sitting silently watching the outbursts on television, are subconsciously right there beside their peers, cheering them on.

Today's children are special. They are sacred and they are the balancing force we have been calling to for years. And now that they are here, we don't know how to handle them. Today's children are the Indigo Children, Spiritual Warriors destined to initiate great change for our planet so long as we create the forum for them to do their work. Indigo Children hate being lied to. They know immediately when someone is not telling the truth, and it angers them beyond description. Today's children cannot abide hypocrisy, arrogance or ignorance, but, unlike most of us, they are inherently forgiving, accepting and loving. Sure, they fire up quickly, speak their mind and sometimes act out violently, but they only do so in response to our being unforgiving, judgemental or selfish. The kids we see today are like walking highlighter pens, indicating society's weak spots, shortfalls and areas that need our attention, but as with all healing, they are aware that nothing global can take place until we clean up our own back yard and so they target their elders and immediate 'superiors' – their teachers, principals, parents and other figures of authority. If the truth be told, today's children are not suffering from A.D.D. or A.D.H.D. ... we are. We are the one's not paying attention. We are the one's bucking the (new) system. We are the one's resisting change. We are the one's denying our very evolution. The angry children we see today are the result of our struggle to comply with the greater scheme of things and their desire to see us wake up.

I heard many people say, disapprovingly, that the kids caught up in savage riots in both Sydney and Perth earlier this year were probably 'high on drugs', most likely bought with money stolen from their parents or paid for with stolen goods. The truth is many of these kids *were* 'high on drugs', but not the sort bought in seedy back streets or nightclubs. No, many of the kids probably had the residual influence of drugs given to them by their parents, doctors and teachers running through their veins; drugs prescribed in response to the diagnosis of A.D.D and A.D.H.D. Ask yourself this question: Would you give your child a line of Cocaine each morning before sending him or her off to school? No, seriously, would you? Well, Ritalin, the drug most commonly used to 'treat' A.D.D. and A.D.H.D. is a powerful, mind altering drug that effectively anaesthetises our children, rendering them unable to productively interact with their peers and their environment by numbing them to emotion, imaginative thought and natural creativity. Otherwise known as methylphenidate, Ritalin is a stimulant with properties similar to other amphetamine drugs. Ritalin is a CNS (Central Nervous System) stimulant that affords its users a 'high' similar to that of a slow-release Cocaine hit. Ritalin, or 'vitamin R' or 'R-Ball' (as it is known on the streets) is recognised as a possible stepping stone to harder drugs: drugs such as Marijuana, Cocaine and Heroine and is listed among the 'Top 10' controlled substances most likely to be stolen from doctor's surgeries and pharmacies (according to the U.S. DEA.) What are we thinking of, then, allowing this to continue? Why are trying to silence our children? What does this say about us?

All Indigo Children innately know they were born with a mission. They know they have a Purpose. The Indigo Children are here to bring integrity back to humanity. Indigos know it is up to them to bring legitimacy back to our governments, balance back to our relationships and equality back to